





Blood 142 (2023) 2579-2580

The 65th ASH Annual Meeting Abstracts

POSTER ABSTRACTS

311.DISORDERS OF PLATELET NUMBER OR FUNCTION: CLINICAL AND EPIDEMIOLOGICAL

Validation of Differentially Expressed Micrornas in Primary Immune Thrombocytopenia Suggests Mir-199a-5p Is a Potential Diagnostic Biomarker

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Introduction

Currently, there is no specific diagnostic test for immune thrombocytopenia (ITP). MicroRNAs (miRNA) are small, noncoding RNAs involved in the post-transcriptional regulation of gene expression. Aberrant expression of miRNAs has been suggested to have potential diagnostic value. Previous explorative studies have identified several differentially expressed miRNAs in ITP with potential diagnostic value; however, such findings are usually difficult to reproduce. Therefore, we aimed to validate some of these miRNAs in a larger ITP cohort.

Methods

Based on previous studies in ITP, we selected 12 miRNAs for validation in patients with primary ITP. The following miRNA were selected: miR-199a-5p, miR-33a-5p, miR-195-5p, miR-130a-3p, miR-144-3p, miR-146a-5p, miR-222-3p, miR-374-5p, miR-486-5p, miR-1341-5p, miR-766-3p, miR-409-3p. Blood samples (n=61) were obtained from 2 cohorts of primary ITP and healthy controls. The first cohort included samples from 24 patients with newly diagnosed or persistent ITP from the PROLONG study (NCT00344149); all patients had been treated with corticosteroids +/- IVIG but relapsed or failed to respond. The second cohort included 37 samples obtained from the ITP biobank at Østfold Hospital, Norway; patients had different disease phases and had received different therapies. In addition, 28 samples were obtained from healthy controls. The miRNAs were guantified in citrated plasma using droplet digital PCR (Bio-Rad).

Results

The mean age of the ITP patients was 51 years (62% female) and of the controls 47 years (64% female). The mean platelet count for all patients was $48.8 \cdot 10^{9}$ /L. PROLONG patients had a lower mean platelet count (33 $\cdot 10^{9}$ /L) than patients from ITP biobank (59 $\cdot 10^{9}$ /L).

Mann-Whitney test showed that miR-199a-5p (p=0.001), miR-33a-5p (p=0.010), miR-374-5p (p=0.009) and miR-146a-5p (p=0.026) were significantly differentially expressed (downregulated) in ITP compared with controls. Subgroup analysis of PROLONG patients showed that 3 additional miRNAs (7 of the 12 miRNAs) were significantly differentially expressed (downregulated) in these ITP patients: miR-130a-3p (p=0.005), miR-766-3p (p=0.010) and miR-409-3p (p=0.001).

ROC curve analysis showed good discrimination for miR-199a-5p in all patients with an AUC of 0.718 (95% CI 0.599-0.836), and satisfactory for miR-33a-5p with an AUC of 0.671 (CI 0.549-0.793), 0.673 (CI 0.554-0.792) for miR-374-5p and 0.632 (CI 0.505-0.759) for miR-409-3p (Figure A).

Subgroup analysis for each of the two cohorts separately showed higher AUC in PROLONG patients for miR-199a-5p (AUC=0.824; 95% CI 0.708-0.940), miR-374-5p (AUC=0.806; 95% CI 0.688-0.924), and for miR-33a-5p (AUC=0.732; 95% CI 0.597-0.868). The combination of all three miRNAs: miR-199a-5p, miR-33a-5p and miR-374-5p in PROLONG patients resulted in a slight improvement of the AUC to 0.865 (CI 0.767-0.962) (Figure B).

Conclusions

This study confirms that miR-199a-5p, miR-33a-5p, miR-374-5p and miR-146a-5p are differentially expressed in primary ITP compared with healthy controls. miR-199a-5p shows a good ability to discriminate primary ITP patients from healthy controls.

Session 311

POSTER ABSTRACTS

In the PROLONG cohort, both miR-199a-5p and miR-374-5p showed a very good discrimination, probably due to the fact that these patients had early ITP. These findings should be further validated in a prospective cohort of newly diagnosed ITP patients and in patients with other types of thrombocytopenia to explore their potential diagnostic value. Some of these miRNAs have important regulatory functions, particularly in inflammation and apoptosis, so it is essential to evaluate their function and role in the pathogenesis of ITP and their potential use as therapeutic targets.

Disclosures Garabet: *Grifols:* Honoraria. **Ghanima:** *Bayer:* Consultancy, Honoraria, Research Funding; *Sanofi:* Consultancy, Honoraria; *BMS:* Honoraria, Research Funding; *Argenx:* Consultancy, Honoraria; *Grifols:* Consultancy, Honoraria; *hibio:* Consultancy, Honoraria; *Novartis:* Consultancy, Honoraria; *cellphire:* Consultancy, Honoraria; *alpine:* Consultancy, Honoraria; *Sobi, Pfizer:* Consultancy, Honoraria, Research Funding; *Amgen:* Consultancy, Honoraria; *Kedrion:* Consultancy; *UCB:* Consultancy, Honoraria.





https://doi.org/10.1182/blood-2023-184882